

## Patient Restraint Self-Learning Module Test

Name: \_\_\_\_\_ Unit: \_\_\_\_\_ Date: \_\_\_\_\_

1. Define Restraint:

2. Less restrictive nursing interventions **MUST** be implemented and documented prior to placing a patient in a restraint. List 4 less restrictive interventions the nurse should consider prior to using a restraint.

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

3. A physician's order for a medical restraint must be time limited (not more than 24 hours) and may not include PRN orders?

TRUE

FALSE

4. In an emergency which health care professional may initiate use of restraint without a physician order? \_\_\_\_\_

a). How much time may pass before the physician must be notified and an order obtained? \_\_\_\_\_

5. What resources are available to help a nurse apply restraints correctly?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

6. Observation of a patient in a **medical-surgical restraint** will occur at a minimum of every \_\_\_\_\_ . **Behavioral** every\_\_\_\_\_.

7. When a restraint is ordered or discontinued, what type of information needs to be documented?

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

8. Under what circumstances may a patient be placed in restraints? (Hint: Justification of use)

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

9. An 89-year-old female patient with a documented history of Alzheimer’s dementia is receiving Haldol to treat anxiety associated with her environmental change and treatment. Is this type of treatment considered a chemical restraint?

TRUE

FALSE

Why? \_\_\_\_\_  
\_\_\_\_\_

10. Which of the following examples may be considered possible early release criteria, based on nursing judgment? Circle the appropriate answer.

- A. Cooperates with treatment
- B. Alert and oriented
- C. Poses no threat to self or others
- D. All of the above